

RED ROCK ROCKETS MINI TEAM

We are happy to announce the third year of the Red Rock Rockets Mini Team.

What is the Mini Team?

The Mini Team is designed to build the confidence and skills of the young swimmer who is not yet ready to swim the length of the pool unassisted. Once a swimmer can swim a length of the pool unassisted and has been evaluated by the coach, they will be eligible for competition in the larger meet.

Who can be on the Mini Team?

A "Mini" is a child 5 -7 years of age who has been evaluated and accepted into the Mini Program by a Red Rocket coach. According to the league we swim in, the Old Dominion Swim League, a child must be 5 by June 15, 2009. A child may be no older than 7 by June 15, 2009. Space for the minis is limited to no more than 12. The swimmer must be comfortable in the water to be on the mini team. On Sunday, May 3, 2009 there will be a coach's evaluation day at Ida Lee Pool. This is for all past mini team swimmers, any new mini team potential swimmers and any new swimmers to the team. It will be from 3-5 PM and there will be an admission fee required to enter Ida Lee.

When will the Mini Team practice?

This season Mini Practice time will be 10:00 am - 10:30 am on Mondays, Wednesdays and Thursdays. However, the first week of practice we will hold Minis on Tuesday June 23rd, Wednesday the 24th and Thursday the 25th. Resuming our regular schedule for the duration of the season.

Will we have Mini Meets?

Our goal is to arrange 4 Mini Meets (2 home and 2 away meets.) This is dependent on other team's participation. We will hold the Mini Meets on Thursday mornings.

Will we need a team suit?

Yes, in order to compete in Mini Meets, it will be required to have a team suit. Cost of the suit this year is \$40.60 for girls and \$27.30 for boys. They will be available at the April 19th or April 26th registration.

**We are looking forward to another great year with the Minis.
Please contact Stacy Horenberger with any further questions at
emailstacy@verizon.net**